



North Figueroa Association

Highland Park Business Improvement District
Phone 323-255-5030, Security 800-350-1944, Maintenance 213-995-6943
Website: www.OLDLA.org

Novel Coronavirus (COVID-19) Update

A lot of information has been communicated to you regarding the Coronavirus. We want to provide you resources where you can get the latest information.

Please be assured the Highland Park Business Improvement District provides essential services (this may change as current conditions change): These are the current services updates being provided by the North Figueroa Association:

Clean- Chrysalis are currently sweeping streets, removing graffiti, removing bulky items and other street maintenance items six days per week.

Safe- GSSi are currently out patrolling the area and keeping order seven days per week 24 hours per day.

Board of Director- As information changes will be by teleconference as needed.

Old LA Certified Farmers Market in Highland Park- We know that food security is vital to the Highland Park community. Currently open with modified vendors, **Farmers and prepackaged foods only**, Social Distancing and sanitizing will be strictly enforced. SNAP(EBT) is being offered with Market Match as well. This may change as current conditions change.

Other resources:

City of Los Angeles Coronavirus webpage for updates: <https://corona-virus.la>

Los Angeles County Department of Public Health webpage: <http://publichealth.lacounty.gov>

Center for Disease Control & Prevention: <https://www.cdc.gov>

We will update as information changes.

Share Facts About COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

FACT 1

Diseases can make anyone sick regardless of their race or ethnicity.

People of Asian descent, including Chinese Americans, are not more likely to get COVID-19 than any other American. Help stop fear by letting people know that being of Asian descent does not increase the chance of getting or spreading COVID-19.

FACT 2

Some people are at increased risk of getting COVID-19.

People who have been in close contact with a person known to have COVID-19 or people who live in or have recently been in an area with ongoing spread are at an increased risk of exposure.

FACT 3

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.



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FACT 4

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
 - Cough
 - Shortness of breath
- Seek medical advice if you
- Develop symptoms
- AND
- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

FACT 5

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

For more information: www.cdc.gov/COVID19

Comparta la información sobre el COVID-19

Infórmese sobre la enfermedad del coronavirus 2019 (COVID-19) y ayude a detener los rumores.

DATO 1

Las enfermedades pueden afectar a cualquier persona, sin importar su raza o grupo étnico.

Las personas de ascendencia asiática, como los chinoamericanos, no tienen más probabilidad de contraer el COVID-19 que cualquier otra persona en los Estados Unidos. Ayude a detener el miedo explicándole a las personas que tener ascendencia asiática no aumenta las posibilidades de contraer o propagar el COVID-19.

DATO 2

El riesgo de contraer COVID-19 en los EE. UU. actualmente es bajo.

Algunas personas que viven en lugares donde mucha gente se ha enfermado con el COVID-19, o que han viajado a estos lugares, puede que sean monitoreadas por funcionarios de salud para proteger tanto la salud de ellas como de otras.

DATO 3

Alguien que haya completado el periodo de cuarentena o ya salió del aislamiento no representa un riesgo de infección para las demás personas.

Para obtener información actualizada, visite la página web de los CDC sobre la enfermedad del coronavirus 2019.



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DATO 4

Usted puede ayudar a detener el COVID-19 conociendo los signos y los síntomas:

- Fiebre
 - Tos
 - Dificultad para respirar
- Consulte a un médico si
- Tiene síntomas
- Y
- Ha estado en contacto cercano con una persona que se sepa que tiene el COVID-19, o que vive o estuvo recientemente en un área con propagación en curso del COVID-19.

DATO 5

Hay cosas simples que puede hacer para ayudar a que usted y los demás se mantengan sanos.

- Lávese las manos frecuentemente con agua y jabón por al menos 20 segundos, especialmente después de sonarse la nariz, toser o estornudar; después de ir al baño; y antes de comer o preparar la comida.
- Evite tocarse los ojos, la nariz y la boca con las manos sin lavar.
- Quétese en casa si está enfermo.
- Cúbrase la nariz y la boca con un pañuelo desechable al toser o estornudar y luego bótelos a la basura.

Para obtener más información: www.cdc.gov/COVID19-es



分享 COVID-19 有关的事实

了解冠状病毒疾病 2019 (COVID-19) 有关的事实，帮助遏制谣言传播。

事实 1

无论是种族或族群，任何人都可能感染。

亚裔人（包括华裔美国人）感染 COVID-19 的可能性并非比其他任何美国人更大。让人们知道亚裔人不会增加感染或传播 COVID-19 的几率有助于阻止恐慌。

事实 2

目前在美国感染 COVID-19 的风险很低。

卫生官员可能会监测居住在或最近去过有許多人感染 COVID-19 的地方的人员，以保护他们和该社区内其他人的健康。

事实 3

完成隔离或解除隔离的人不会对其他人构成感染风险。

有关最新信息，请访问美国疾病控制和预防中心（CDC）的冠状病毒疾病 2019 (COVID-19) 网页。



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事实 4

了解下列体征和症状有助于遏制 COVID-19:

- 发烧
 - 咳嗽
 - 呼吸困难
- 如果您有下列情况，请就诊
- 出现症状和
 - 与确诊 COVID-19 的人密切接触或如果您居住在或最近曾到过 COVID-19 正在传播的地区。

事实 5

您可以通过简单的事情来帮助让自己和他人保持健康。

- 用肥皂和水洗手至少 20 秒，特别是在擤鼻涕、咳嗽或打喷嚏后；上洗手间后；以及吃饭或做饭前。
- 避免用未清洗过的手触碰眼睛、鼻子和嘴巴。
- 生病时待在家里。
- 咳嗽或打喷嚏时用纸巾遮住，然后将纸巾丢进垃圾桶。

详细信息请参见: www.cdc.gov/COVID19-ch

Novel Coronavirus (COVID-19)

Los Angeles County Department of Public Health Farmer's Markets and Community Events

Due to the increasing number of cases in Los Angeles County, including more community transmission and recent guidance issued by the California Department of Public Health as it relates to COVID-19 and public gatherings, community events at Farmer's Markets must be cancelled or postponed until after April 30, 2020 and will not be issued a health permit to operate. Community events that were previously approved and permitted will be notified that their permit is suspended and will be issued the option of rescheduling the event or requesting a refund for the fees paid.

In light of the need to ensure that fresh food is available to residents, outdoor Certified Farmer's Markets that are certified by the State of California and have obtained a health permit for a Certified Farmer's Market will be allowed to operate if the conditions noted below are implemented.

Certified Farmer's Markets modified operational conditions:

- Limit the sale of food to whole uncut produce and packaged food items. No food preparation food booths will be allowed to operate.
- No sampling of unpackaged food is permitted.
- Post signs reminding customers of the following:
 - Wash all produce before consumption
 - Handwashing Reminder
<http://publichealth.lacounty.gov/media/Coronavirus/GuidanceHandwashingEnglish.pdf>
 - Asking customers to remain home if they are sick, even with mild illness.
<http://publichealth.lacounty.gov/media/coronavirus/StayHome.pdf>
- Market managers are responsible for ensuring that crowds are staggered to provide for social distancing of customers.
 - Allow for space between produce stands
- Provide handwashing stations for customers where possible. Recommend providing alcohol-based hand sanitizer with at least 60% alcohol for customers to use prior to handling produce.
- Ensure handwashing stations are provided adjacent to restroom facilities and stocked with soap and paper towels at all times.

Certified Farmer's Market Employees

- Sick employees are advised to stay home and not return to work until they are free of fever for at least 72 hours without fever-reducing medication.
- Employees who appear to be ill upon arrival to work or become sick during the day should be sent home immediately.

Handwashing Instructions for All Market Employees

- Wash hands and arms with soap and warm water for at least 20 seconds before:
 - Eating or drinking
 - Putting on gloves
- Wash hands after these activities:
 - Using the restroom
 - Touching your hair, face, body, or clothes



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19

COVID-19-A

DETENGA LA PROPAGACIÓN DE LOS MICROBIOS

Ayude a prevenir la propagación de virus respiratorios como el nuevo COVID-19.

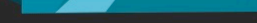
Evite el contacto cercano con las personas enfermas.



Cúbrase la nariz y la boca con un pañuelo desechable al toser o estornudar y luego bótelos a la basura.



Evite tocarse los ojos, la nariz y la boca.



Limpie y desinfecte los objetos y las superficies que se tocan frecuentemente.



Quédese en casa si está enfermo, excepto para buscar atención médica.



Lávese las manos frecuentemente con agua y jabón por al menos 20 segundos.



Para obtener más información: www.cdc.gov/COVID19-es

COVID-19-B

阻止病毒传播

帮助预防呼吸道病毒如 COVID-19 的传播。

避免与患病的人近距离接触。



咳嗽和打喷嚏时，用纸巾遮住口鼻，然后将纸巾扔进封闭的垃圾箱。



避免触碰自己的眼睛、鼻子和嘴巴。



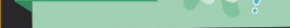
对频繁接触的物体和表面进行清洁和消毒。



生病时请留在家中，除非要接受医疗救治。



经常用肥皂和水洗手，每次至少 20 秒钟。



详细信息请参见: www.cdc.gov/COVID19-ch

COVID-19-C

NGĂN CHẶN SỰ LÂY LAN CỦA VI KHUẨN

Giúp ngăn ngừa sự lây lan của các bệnh về đường hô hấp như COVID-19

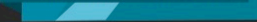
Tránh tiếp xúc gần với người bị bệnh



Che miệng khi ho hoặc hít bằng khăn giấy, sau đó cho khăn giấy vào thùng rác.



Tránh chạm vào mắt, mũi, hay miệng của bạn.



Vệ sinh và khử trùng các vật và bề mặt thường xuyên chạm vào.



Nghỉ ở nhà khi bị ốm, trừ khi cần phải tìm đến chăm sóc y tế.



Rửa tay thường xuyên bằng nước và xà phòng trong ít nhất 20 giây.



Để biết thêm thông tin, hãy truy cập: www.cdc.gov/COVID19

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